

MINUTES

**Eugene City Council
Harris Hall, 125 East 8th Avenue
Eugene, Oregon 97401**

**July 22, 2013
5:30 p.m.**

Councilors Present: George Brown, Betty Taylor, Alan Zelenka, George Poling, Mike Clark, Chris Pryor, Claire Syrett, Greg Evans

Her Honor, Mayor Piercy opened the July 22, 2013, City Council Work Session.

A. COMMITTEE REPORTS AND ITEMS OF INTEREST FROM MAYOR, CITY COUNCIL, AND CITY MANAGER

The Mayor, councilors, and City Manager provided brief updates about events and activities in the organization, on boards and commissions, and around the city.

B. WORK SESSION: Community Health Assessment Action Plan

Dr. Rick Kincade and Dan Reece, both of PeaceHealth Medical Group and Jennifer Jordan of Lane County Public Health provided information on a local collaborative effort to combat health issues related to smoking, obesity, eating habits and physical activity.

The presenters suggested several ways to mitigate the issues and reduce unhealthy patterns, including:

- Reduce access to fast food and make healthier foods available.
- Encourage people to be more active.
- Encourage more farmer's markets, community gardens and ways to eat healthier.
- Protect agricultural land from development.
- Provide healthier snacks at schools, community centers and swimming pools
- Encourage a healthy way of life, including alternative modes, bikes, walking, etc.

The meeting adjourned at 7:05 p.m.

Respectfully submitted,

Michelle Mortensen
Deputy City Recorder